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COGENT COMMUNICATIONS REPORTS FIRST QUARTER 2007 RESULTS

[WASHINGTON, D.C. May 7, 2007] Cogent Communications Group, Inc. (NASDAQ: CCOI) today announced net service revenue of \$43.6 million for the three months ended March 31, 2007, compared with \$34.4 million for the three months ended March 31, 2006. On-net revenue was \$33.2 million for the three months ended March 31, 2007, an increase of 46.1% over \$22.7 million for the three months ended March 31, 2006. On-net service is provided to customers located in buildings that are physically connected to Cogent's network by Cogent-owned facilities. Off-net revenue was \$8.5 million for the three months ended March 31, 2007, a decrease of 7.2% from \$9.1 million for the three months ended March 31, 2006. Off-net customers are located in buildings directly connected to Cogent's network using other carriers' facilities to provide the last mile portion of the link from the customers' premises to Cogent's network. Non-core revenue was \$2.0 million for the three months ended March 31, 2007, a decrease of 24.0% from \$2.6 million for the three months ended March 31, 2006. Non-core services are legacy services, which Cogent acquired and continues to support but does not actively sell.

Gross profit, excluding equity-based compensation expense, increased 60.2% from \$14.1 million for the three months ended March 31, 2006 to \$22.6 million for the three months ended March 31, 2007. Gross profit margin, excluding equity-based compensation expense, expanded from 41.0% for the three months ended March 31, 2006 to 51.8% for the three months ended March 31, 2007.

Earnings before interest, taxes, depreciation and amortization (EBITDA), as adjusted, was \$10.1 million for the three months ended March 31, 2007, an increase of 202.5%, over \$3.3 million for the three months ended March 31, 2006.

Basic and diluted net loss applicable to common stock was \$(0.19) per share for the three months ended March 31, 2007 compared to \$(0.38) per share for the three months ended March 31, 2006. Weighted average common shares outstanding – basic and diluted - were 48.7 million for the three months ended March 31, 2007 as compared to 43.8 million for the three months ended March 31, 2006.

Total customer connections were 12,939 as of March 31, 2007 compared to 10,066 as of March 31, 2006, an increase of 28.5%. On-net customer connections were 8,565 as of March 31, 2007 compared to 5,267 as of March 31, 2006, an increase of 62.6%. Off-net customer connections were 3,433 as of March 31, 2007 compared to 3,614 as of March 31, 2006, a decrease of 5.0%. Non-core customer connections were 941 as of March 31, 2007 compared to 1,185 as of March 31, 2006, a decrease of 20.6%.

The number of on-net buildings was 1,129 as of March 31, 2007 as compared to 1,053 as of March 31, 2006.

Outlook – Second Quarter 2007 Estimates

- Cogent estimates net service revenue for the second quarter of 2007 to be between \$45.0 million and \$46.0 million.
- Cogent estimates EBITDA, as adjusted, for the second quarter of 2007 to be between \$11.0 million and \$12.0 million.
- Cogent estimates its net loss per basic and diluted common share for the second quarter of 2007 to be between \$(0.20) and \$(0.25). Cogent's guidance includes the expected \$2.5 million to \$3.0 million impact of estimated non-cash equity-based compensation expense and assumes approximately 49.0 million weighted average common shares outstanding.

Outlook - Full Year 2007 Estimates

- Cogent is reaffirming the following previously released fiscal year 2007 estimates:
 - Net service revenue for fiscal year 2007 to be between \$180.0 million and \$190.0 million.
 - On-net revenues will increase from fiscal year 2006 to fiscal year 2007 by between 35% to 40%.

- EBITDA, as adjusted, for fiscal year 2007 to be between \$45.0 million and \$50.0 million.
- Cogent is updating the following previously released fiscal year 2007 estimates for net loss per basic and diluted common share and estimated non-cash equity based compensation expense:
 - Net loss per basic and diluted common share for fiscal year 2007 is expected to be between \$(0.70) and \$(1.00) updated from its previously released guidance of between \$(0.55) and \$(0.85) due to a revision in estimated non-cash equity based compensation expense. Cogent's net loss per basic and diluted common share estimates assume approximately 49.0 million weighted average common shares outstanding.
 - Cogent's updated fiscal year 2007 guidance includes \$11.5 million to \$12.0 million of estimated non-cash equity based compensation expense updated from its previously released guidance of estimated non-cash equity based compensation expense of \$3.5 million to \$4.0 million due to recent employee share grants.

Conference Call and Web site Information

Cogent will host a conference call with financial analysts at 8:30 a.m. (ET) on May 7, 2007 to discuss Cogent's operating results for the first quarter of 2007 and Cogent's expectations for the second quarter of 2007 and fiscal year 2007. Investors and other interested parties may access a live audio webcast of the earnings call under "Events" at the Investor Relations section of Cogent's website at <http://www.cogentco.com/htdocs/events.php>. A replay of the web cast, together with the press release, will be available on the website following the earnings call.

About Cogent Communications

Cogent Communications (NASDAQ: CCOI) is a multinational, Tier 1 facilities-based ISP. Cogent specializes in providing businesses with high speed Internet access and point-to-point transport services. Cogent's facilities-based, all-optical IP network backbone spans 14 countries and provides IP services in approximately 90 markets located in North America and Europe.

Cogent Communications is headquartered at 1015 31st Street, NW, Washington, D.C. 20007. For more information, visit www.cogentco.com. Cogent Communications can be reached in the United States at (202) 295-4200 or via email at info@cogentco.com.

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Summary of Financial and Operational Results

	<u>Q1 2006</u>	<u>Q2 2006</u>	<u>Q3 2006</u>	<u>Q4 2006</u>	<u>Q1 2007</u>
Metric (\$ in 000's, except share and per share data) - unaudited					
On-Net revenue	\$22,693	\$25,142	\$27,465	\$29,976	\$33,153
% Change from previous Qtr.	8.1%	10.8%	9.2%	9.1%	10.6%
Off-Net revenue	\$9,114	\$8,583	\$8,296	\$8,422	\$8,460
% Change from previous Qtr.	-5.3%	-5.8%	-3.3%	1.5%	0.5%
Non-Core revenue (1)	\$2,640	\$2,430	\$2,193	\$2,117	\$2,008
% Change from previous Qtr.	1.4%	-8.0%	-9.7%	-3.5%	-5.1%
Net service revenue - total	\$34,447	\$36,155	\$37,954	\$40,515	\$43,621
% Change from previous Qtr.	3.7%	5.0%	5.0%	6.7%	7.7%
Network operations expenses (2)	\$20,337	\$20,076	\$19,353	\$20,340	\$21,015
% Change from previous Qtr.	1.9%	-1.3%	-3.6%	5.1%	3.3%
Gross profit (2)	\$14,110	\$16,079	\$18,601	\$20,175	\$22,606
% Change from previous Qtr.	6.4%	14.0%	15.7%	8.5%	12.0%
Gross profit margin (2)	41.0%	44.5%	49.0%	49.8%	51.8%
Selling, general and administrative expenses (3)	\$10,785	\$11,594	\$11,749	\$12,465	\$12,562
% Change from previous Qtr.	0.1%	7.5%	1.3%	6.1%	0.8%
Depreciation and amortization expenses	\$14,144	\$14,658	\$14,878	\$14,735	\$15,907
% Change from previous Qtr.	-15.3%	3.6%	1.5%	-1.0%	8.0%
Equity-based compensation expense	\$3,499	\$3,372	\$2,619	\$1,019	\$1,619
% Change from previous Qtr.	-7.2%	-3.6%	-22.3%	-61.1%	58.9%
Net loss	\$(16,441)	\$(15,491)	\$(11,854)	\$(9,971)	\$(9,404)
% Change from previous Qtr.	19.0%	5.8%	23.5%	15.9%	5.7%
Basic and diluted net loss per common share	\$(0.38)	\$(0.34)	\$(0.24)	\$(0.21)	\$(0.19)
% Change from previous Qtr.	19.1%	10.5%	29.4%	12.5%	9.5%
Weighted average common shares – basic and diluted	43,841,837	45,099,826	48,463,130	48,510,716	48,655,385
% Change from previous Qtr.	0.5%	2.9%	7.5%	0.1%	0.3%
EBITDA, as adjusted (4)	\$3,325	\$4,485	\$6,852	\$7,964	\$10,057
% Change from previous Qtr.	34.0%	34.9%	52.8%	16.2%	26.3%

EBITDA, as adjusted margin (4)	9.7%	12.4%	18.1%	19.7%	23.1%
Cash (used in) provided by operating activities	\$(1,591)	\$4,918	\$1,498	\$460	\$13,627
% Change from previous Qtr.	41.9%	409.1%	-69.5%	-69.3%	2,862.4%
Capital expenditures	\$4,662	\$7,097	\$6,138	\$3,585	\$7,580
% Change from previous Qtr.	-10.2%	52.2%	-13.5%	-41.6%	111.4%
<u>Customer Connections – end of period</u>					
On-Net	5,267	6,051	6,919	7,778	8,565
% Change from previous Qtr.	13.1%	14.9%	14.3%	12.4%	10.1%
Off-Net	3,614	3,461	3,356	3,528	3,433
% Change from previous Qtr.	-10.3%	-4.2%	-3.0%	5.1%	-2.7%
Non Core	1,185	1,129	1,097	1,009	941
% Change from previous Qtr.	-9.1%	-4.7%	-2.8%	-8.0%	-6.7%
Total	10,066	10,641	11,372	12,315	12,939
% Change from previous Qtr.	0.8%	5.7%	6.9%	8.3%	5.1%
<u>Other – end of period</u>					
Buildings On-Net	1,053	1,076	1,094	1,107	1,129
Employees	334	337	361	372	372

- (1) Consists of legacy services of companies whose assets or businesses were acquired by Cogent, including voice services (only provided in Toronto, Canada), point-to-point private line services and managed modem services.
- (2) Excludes equity-based compensation expense of \$105, \$101, \$79, \$31 and \$49 in the three months ended March 31, 2006, June 30, 2006, September 30, 2006, December 31, 2006 and March 31, 2007, respectively.
- (3) Excludes equity-based compensation expense of \$3,394, \$3,271, \$2,540, \$988 and \$1,570 in the three months ended March 31, 2006, June 30, 2006, September 30, 2006, December 31, 2006 and March 31, 2007, respectively.
- (4) See schedule of non-GAAP metrics below for definition and reconciliation to GAAP measures. EBITDA, as adjusted, includes net gains from the disposition of assets of \$27, \$254 and \$13 in the three months ended March 31, 2006, December 31, 2006 and March 31, 2007, respectively. EBITDA, as adjusted, excludes gain on capital lease restructurings of \$255 and \$154 for the three months ended September 30, 2006 and March 31, 2007, respectively.

Schedule of Non-GAAP Measures - EBITDA and EBITDA, as adjusted

EBITDA represents net (loss) income before income taxes, net interest expense, depreciation and amortization. Management believes the most directly comparable measure to EBITDA calculated in accordance with GAAP is cash flows (used in) provided by operating activities.

EBITDA, as adjusted, represents EBITDA less gains on capital lease restructurings. The Company has excluded these gains because they relate to its capital structure. The Company believes EBITDA, as adjusted, is a useful measure of its ability to service debt, fund capital expenditures, expand its business and make bonus determinations for its employees. EBITDA, as adjusted, is an integral part of the internal reporting and planning system used by management as a supplement to GAAP financial information. The Company also believes that EBITDA is a frequently used measure by securities analysts, investors, and other interested parties in their evaluation of issuers.

EBITDA and EBITDA, as adjusted, are not recognized terms under generally accepted accounting principles in the United States, or GAAP, and accordingly, should not be viewed in isolation or as a substitute for the analysis of results as reported under GAAP, but rather as a supplemental measure to GAAP. For example, EBITDA is not intended to reflect the Company's free cash flow, as it does not consider certain current or future cash requirements, such as capital expenditures, contractual

commitments, and changes in working capital needs, interest expenses and debt service requirements. The Company's calculations of EBITDA and EBITDA, as adjusted, may also differ from the calculation of EBITDA and EBITDA, as adjusted, by its competitors and other companies and as such, its utility as a comparative measure is limited.

COGENT COMMUNICATIONS GROUP, INC., AND SUBSIDIARIES

EBITDA and EBITDA, as adjusted, are reconciled to cash flows (used in) provided by operating activities in the table below.

	<u>Q1 2006</u>	<u>Q2 2006</u>	<u>Q3 2006</u>	<u>Q4 2006</u>	<u>Q1 2007</u>	<u>Q2 2007</u> Midpoint Estimated	<u>2007</u> Midpoint Estimated
(\$ In 000's) – unaudited							
Cash flows (used in) provided by operating activities	\$(1,591)	\$4,918	\$1,498	\$460	\$13,627	\$9,000	\$41,500
Changes in operating assets and liabilities	3,261	(1,854)	4,489	5,710	(4,947)	1,000	1,000
Cash interest expense, net	1,628	1,421	865	1,540	1,364	1,500	5,000
Gains on capital lease restructurings and asset sales, net	27	-	255	254	167	-	200
EBITDA, including gains	<u>\$3,325</u>	<u>\$4,485</u>	<u>\$7,107</u>	<u>\$7,964</u>	<u>\$10,211</u>	<u>\$11,500</u>	<u>\$47,700</u>
Gains on capital lease restructurings	-	-	(255)	-	(154)	-	(200)
EBITDA, as adjusted	<u>\$3,325</u>	<u>\$4,485</u>	<u>\$6,852</u>	<u>\$7,964</u>	<u>\$10,057</u>	<u>\$11,500</u>	<u>\$47,500</u>

Cogent's SEC filings are available online via the Investor Relations section of www.cogentco.com or on the Securities and Exchange Commission's website at www.sec.gov.

COGENT COMMUNICATIONS GROUP, INC., AND SUBSIDIARIES
CONDENSED CONSOLIDATED BALANCE SHEETS
AS OF DECEMBER 31, 2006 AND MARCH 31, 2007
(IN THOUSANDS, EXCEPT SHARE DATA)

	<u>December 31,</u> <u>2006</u>	<u>March 31,</u> <u>2007</u> (Unaudited)
Assets		
Current assets:		
Cash and cash equivalents	\$ 42,642	\$ 48,273
Short term investments	80	—
Accounts receivable, net of allowance for doubtful accounts of \$1,233 and \$1,080, respectively	20,053	19,818
Prepaid expenses and other current assets	5,339	6,168
Total current assets	68,114	74,259
Property and equipment, net	263,268	256,299
Intangible assets, net	1,150	821
Deposits and other assets (\$1,118 restricted)	4,344	4,079
Total assets	<u>\$ 336,876</u>	<u>\$ 335,458</u>
Liabilities and stockholders' equity		
Current liabilities:		
Accounts payable	\$ 9,096	\$ 12,659
Accrued liabilities	12,614	14,405
Convertible subordinated notes, net of discount of \$1,213 and \$489, respectively—due June 2007	8,978	9,703
Current maturities, capital lease obligations	6,027	6,533
Total current liabilities	36,715	43,300
Capital lease obligations, net of current maturities	82,019	81,536
Other long term liabilities	2,510	2,391
Total liabilities	<u>121,244</u>	<u>127,227</u>
Commitments and contingencies:		
Stockholders' equity:		
Common stock, \$0.001 par value; 75,000,000 shares authorized; 48,928,108 and 49,026,567 shares issued and outstanding, respectively	49	49
Additional paid-in capital	478,140	479,949
Stock purchase warrants	764	764
Accumulated other comprehensive income—foreign currency translation adjustment	1,638	1,832
Accumulated deficit	(264,959)	(274,363)
Total stockholders' equity	<u>215,632</u>	<u>208,231</u>
Total liabilities and stockholders' equity	<u>\$ 336,876</u>	<u>\$ 335,458</u>

COGENT COMMUNICATIONS GROUP, INC., AND SUBSIDIARIES
CONDENSED CONSOLIDATED STATEMENTS OF OPERATIONS
FOR THE THREE MONTHS ENDED MARCH 31, 2006 AND MARCH 31, 2007
(IN THOUSANDS EXCEPT SHARE AND PER SHARE AMOUNTS)

	Three Months Ended March 31, 2006 (Unaudited)	Three Months Ended March 31, 2007 (Unaudited)
Net service revenue	\$ 34,447	\$ 43,621
Operating expenses:		
Network operations (including \$105 and \$49 of equity-based compensation expense, respectively, exclusive of amounts shown separately)	20,442	21,064
Selling, general, and administrative (including \$3,394 and \$1,570 of equity-based compensation expense, respectively, and \$332 and \$200 of bad debt expense, net of recoveries, respectively)	14,179	14,132
Depreciation and amortization	14,144	15,907
Total operating expenses	48,765	51,103
Operating loss	(14,318)	(7,482)
Interest income and other, net	493	791
Interest expense	(2,616)	(2,713)
Net loss	<u>\$ (16,441)</u>	<u>\$ (9,404)</u>
Net loss per common share:		
Basic and diluted net loss per common share	<u>\$ (0.38)</u>	<u>\$ (0.19)</u>
Weighted-average common shares—basic and diluted	<u>43,841,837</u>	<u>48,655,385</u>

COGENT COMMUNICATIONS GROUP, INC., AND SUBSIDIARIES
CONDENSED CONSOLIDATED STATEMENTS OF CASH FLOWS
FOR THE THREE MONTHS ENDED MARCH 31, 2006 AND MARCH 31, 2007
(IN THOUSANDS)

	Three Months Ended March 31, 2006 (Unaudited)	Three Months Ended March 31, 2007 (Unaudited)
Cash flows from operating activities:		
Net cash (used in) provided by operating activities	\$ (1,591)	\$ 13,627
Cash flows from investing activities:		
Purchases of property and equipment	(4,662)	(7,580)
Maturities of short term investments	653	80
Proceeds from dispositions of assets	93	14
Net cash used in investing activities	(3,916)	(7,486)
Cash flows from financing activities:		
Proceeds from exercises of stock options	—	191
Repayments of capital lease obligations	(3,738)	(791)
Net cash provided by used in financing activities	(3,738)	(600)
Effect of exchange rate changes on cash	(27)	90
Net (decrease) increase in cash and cash equivalents	(9,272)	5,631
Cash and cash equivalents, beginning of period	29,883	42,642
Cash and cash equivalents, end of period	<u>\$ 20,611</u>	<u>\$ 48,273</u>

Except for historical information and discussion contained herein, statements contained in this release constitute forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Such statements include, but are not limited to statements identified by words such as “believes,” “expects,” “anticipates,” “estimates,” “intends,” “plans,” “targets,” “projects” and similar expressions. The statements in this release are based upon the current beliefs and expectations of Cogent’s management and are subject to significant risks and uncertainties. Actual results may differ from those set forth in the forward-looking statements. Numerous factors

could cause or contribute to such differences. Some of the factors and risks associated with our business are discussed in Cogent's filings with the Securities and Exchange Commission.

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